

"the stiffest muscle is between our ears"

BOOKING FORM

By filling in this form you are agreeing to the <u>Terms and Conditions</u> on the website. Please print, complete and either scan and email or send by post to the contact details below.

Organiser: yogaunlimited,

Event: Sukhita Yoga Intensive

Venue: Uplands Down End Hook Norton OX15 5LW (we may change depending on the size of our group)

Commencement Date: 20 September 2019

End Date: 22 September 2019

Timings: 20 September 14.30 – 19.30; 21 September 10.30 – 16.30; 22 September 10.30 – 16.30

Please bring vegetarian/vegan dish to share at 19.30 after our session

Price: Adult £250

Details:

The price for each person named in the Booking Form is payable on booking. Please send to: IYM ltd Uplands, Down End, Hook Norton OX15 5LW

Bank transfer details:

IYM ltd. Cooperative Bank Sortcode 08-92-50 Account number 68663816

Customer details

Full Name(s):

Male or Female

Date of birth(s):

Occupation(s):

Address:

Fmail:

Phone:

Emergency contact:

Medical conditions injuries that may affect your yoga practice (e.g. High blood pressure/diabetes/cancer): Are you pregnant/trying/postnatal?

Any special dietary requirements:

Would you like to be added to our monthly newsletter if not already Y/N