

BOOKING FORM

By filling in this form you are agreeing to the [Terms and Conditions](#) on the website. Please print, complete and scan and email to the contact details below.

Organiser: yogaunlimited **Event:** Sukhita Yoga Portugal Retreat

Venue: Almaa Sintra Hostel, Caminho dos Frades 1, 2710-560 Sintra, Portugal +351 91 985 0805
info@almaasintrahostel.com

Commencement Date: 20 July 2019

End Date: 26 July 2019

Timings: 20 July arrive between: 15.00 – 22.00

26 July depart by: 12.00

Price: €420 accommodation and food payable directly to Almaa Sintra Hostel + €50 per person supplement for non-dormitory accommodation (subject to the terms and conditions of Almaa Sintra Hostel).
Please make this payment to: IBAN: PT50 0045 5380 40292506972 95 and BIC/SWIFT: CCCMPTPL and send confirmation of the payment to: jmello@almaasintrahostel.com

Please pay a separate payment of £360 (GBP) Sukhita Yoga course payable to IYM Ltd (details below)

Details: The price for each person named in the Booking Form is payable on booking. Please note Almaa Sintra Hostel cannot hold accommodation without payment. It may be possible to purchase additional nights at the time of booking with Almaa Sintra Hostel.

Bank transfer details:

IYM Ltd. Cooperative Bank Sortcode 08-92-50 Account number 68663816
BIC : CPBKGB22 IBAN : GB09CPBK08925068663816

Customer details

Full Name(s):

Male or Female

Date of birth(s):

Occupation(s):

Address:

Email:

Phone:

Emergency contact:

Medical conditions injuries that may affect your yoga practice (e.g. High blood pressure/diabetes/cancer):
Are you pregnant/trying/postnatal?

Would you like to be added to our monthly newsletter if not already? Y/N

I agree for yogaunlimited to give my name to Almaa Sintra Hostel in readiness to receive my direct booking Y/N

yogaunlimited is a trading name of Integrated Yoga and Mindfulness Ltd, company number 09600181 and registered address Chancery House, 30 St Johns Road, Woking, Surrey, GU21 7SA

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