

# Meditation for Daily Life

## 5 Week Graduate Course Application Form

Name \_\_\_\_\_

Address \_\_\_\_\_

Postcode \_\_\_\_\_ Telephone \_\_\_\_\_

Email \_\_\_\_\_

I enclose a cheque (payable to IYM Ltd) for the fee (please see website [www.yogaunlimited.co.uk](http://www.yogaunlimited.co.uk) or current leaflet for course fee) to reserve my place on the course starting \_\_\_\_\_. Please send to Uplands Down End Hook Norton OX15 5LW.

There are a limited number of concessions available. If your circumstances make it difficult to afford the full fee please indicate what you can afford. £ \_\_\_\_\_.

Please note, if you need to cancel and you can tell me 7 days or more before the class starts 75% of your fee will be refunded. No fee is refunded if cancelled in less than 7 days. No refunds are possible after the course has commenced.

Please detail your previous Mindfulness experience including courses attended (if any) with approximate dates and name of teacher.

Please say why you wish to come on this course. (All details are confidential, continue on reverse of page if required).

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